

**EAST BAY ATHLETIC LEAGUE  
2019 CHAMPIONSHIP BULLETIN**

**SPORT:**     Cross Country

This form must be completed three months prior to the event. The principals must approve all championship bulletins. **Once the bulletin is approved, there can be no changes unless the principals vote to change it. HOST SCHOOL ADMINISTRATION – PLEASE CHECK TO SEE THAT THE PROPOSED DATES DO NOT CONFLICT WITH TEST DATES.**

**DATE APPROVED** \_\_\_\_\_                      **Commissioner's initials** \_\_\_\_\_

**HOST SCHOOL:** De La Salle High School

**MEET DIRECTOR:** John Pelster, Cross Country Coach – De La Salle HS;  
email: pelsterj@dlshs.org  
Home Phone: (925) 691-4841                      Cell Phone: (925) 395-6887

**LOCATION:** Hayward High School, 1633 East Ave., Hayward, CA 94541

**DATE:** November 9<sup>th</sup>, 2019

**TIME:** First race at 1:00 PM. Full Schedule:

Frosh/Soph Boys Race	1:00 PM
Frosh/Soph Girls Race	1:25 PM
Junior Varsity Boys Race	1:55 PM
Junior Varsity Girls Race	2:20 PM
Varsity Boys Race	2:50 PM
Varsity Girls Race	3:15 PM

Awards follow the conclusion of all races

**ADMISSION:**

**ANTICIPATED EXPENSES:**     Input coordinator/computer operator approx. \$1500\*  
Athletic Trainer for EBAL Champs (3 max) \$150

(per)

Athletic.net	\$0
Meet Director	\$100
Starter	\$100
Meet Referee	\$200
Portable bathrooms (if needed) approx.	\$500
Hayward HS	approx. \$1000

**SCHOOL RESPONSIBILITIES:**

- Meet director: De La Salle
- Course marking and setup: N/A
- Race announcer: Dublin
- Course monitor coordinator: Carondelet
- Awards coordinator: Granada
- Gate coordinator: Foothill (if needed)
- Results: Diablo Timing
- Clean-up coordinator: Amador Valley

ALL SCHOOLS (except host school) TO PROVIDE PARENTS AS COURSE MONITORS - Monitor positions and assignments to be sent later.

**RULES: EBAL, NCS AND CIF RULES AND BYLAWS**