

**EAST BAY ATHLETIC LEAGUE
2023 CHAMPIONSHIP BULLETIN**

SPORT: Cross Country

This form must be completed three months prior to the event. The principals must approve all championship bulletins. **Once the bulletin is approved, there can be no changes unless the principals vote to change it. HOST SCHOOL ADMINISTRATION – PLEASE CHECK TO SEE THAT THE PROPOSED DATES DO NOT CONFLICT WITH TEST DATES.**

DATE APPROVED _____

Commissioner's initials _____

HOST SCHOOL: De La Salle

MEET DIRECTOR: John Pelster

Home Phone: (925) 691-4841

Cell Phone: (925) 395-6887

LOCATION: Newhall Park, Concord

DATE: November 4th

TIME: First race at 1:00 PM. Full Schedule:

- | | |
|-----------------------------|---------|
| ● Frosh/Soph Boys Race | 1:00 PM |
| ● Frosh/Soph Girls Race | 1:25 PM |
| ● Junior Varsity Boys Race | 1:55 PM |
| ● Junior Varsity Girls Race | 2:20 PM |
| ● Varsity Boys Race | 2:50 PM |
| ● Varsity Girls Race | 3:15 PM |

Awards follow the conclusion of all races

ADMISSION: N/A

ANTICIPATED EXPENSES:

- | | |
|---|----------------|
| ● Input coordinator/computer operator approx. | \$1500* |
| ● Athletic Trainer for EBAL Champs (3 max) | \$150 (per) |
| ● Milesplit | \$0 |
| ● Meet Director | \$100 |
| ● Starter | \$150 |
| ● Meet Referee | \$150 |
| ● Portable bathrooms (if needed) approx. | \$2000 |
| ● Misc. supplies | \$50 |
| ● City or Park | approx. \$1000 |

SCHOOL RESPONSIBILITIES:

- Meet director: John Pelster
- Athletic Trainer:
- Course marking and setup: DLS/CHS
- Race announcer: Dublin
- Course monitor coordinator:
- Awards coordinator:
- Gate coordinator: N/A
- Results: Diablo Timing
- Clean-up coordinator: ALL

ALL SCHOOLS (except host school) TO PROVIDE PARENTS AS COURSE MONITORS -
Monitor positions and assignments to be sent later. (Include monitors for finishing chute.)
GAMES COMMITTEE/JURY OF APPEALS - All head coaches

RULES: EBAL, NCS, AND CIF RULES AND BYLAWS