

2023 Cross Country EBAL All League Teams

GIRLS

EBAL 1st Team	Year	School	Time	
1	Lee, Liana	SR	Dougherty Valley (NC)	18:21.4
2	Gunderson, Hailey	JR	San Ramon Valley (NC)	18:28.3
3	Powell, Alexandra	JR	Monte Vista (NC)	18:54.5
4	Barron, Jana	SR	Granada (NC)	18:58.9
5	Dolan, Peyton	SR	Monte Vista (NC)	19:03.2
6	Turns, Allie	JR	Monte Vista (NC)	19:09.8
7	Bumpus, Sade	FR	Granada (NC)	19:14.4

EBAL 2nd Team

8	Smith, Alexandra	SO	San Ramon Valley (NC)	19:16.9
9	Stein, Abby	JR	Granada (NC)	19:44.5
10	Prenton, Melia	JR	Dublin (NC)	19:48.3
11	Noriega, Sabrina	JR	Dublin (NC)	19:48.9
12	Schultz, Margot	SO	San Ramon Valley (NC)	19:52.8
13	Salven, Alyssa	JR	San Ramon Valley (NC)	19:59.7
14	Wong, Kacie	SO	Amador Valley (NC)	19:59.7

EBAL Honorable Mention

15	Jennings, Tessa	SR	Amador Valley (NC)	20:01.4
16	Hempel, Lanie	SO	Livermore (NC)	20:03.4
17	Roesgen, Grace	SR	San Ramon Valley (NC)	20:05.3
18	Lnenicka, Mia	SR	Granada (NC)	20:08.9
19	Leahey, Alexa	JR	Monte Vista (NC)	20:10.7
20	Knapp, Avery	SR	San Ramon Valley (NC)	20:19.2
21	Foxworthy, Kendall	SR	Carondelet (NC)	20:19.7

BOYS

EBAL 1st Team	Year	School	Time	
1	Caldwell, Trey	JR	De La Salle (NC)	15:28.0
2	Gill Gulati, Arran	JR	Amador Valley (NC)	15:42.8
3	Sagiraju, Arrin	JR	Dougherty Valley (NC)	15:51.9
4	Singh, Eshaan	SR	Granada (NC)	15:53.2
5	Gray, Tanner	SR	Granada (NC)	15:54.6
6	Brandeis, Owen	JR	Monte Vista (NC)	16:00.0
7	Stone, Aidan	SR	Dublin (NC)	16:09.0

EBAL 2nd Team

8	Mikhael, George	JR	Granada (NC)	16:14.3
9	Bromley, Erik	SR	Granada (NC)	16:16.9
10	Herrerias, Desi	SR	San Ramon Valley (NC)	16:20.3
11	Salter, Heath	SO	De La Salle (NC)	16:22.9
12	TozulAhmad, Noor	JR	Dougherty Valley (NC)	16:24.2
13	Camacho, Jacob	SR	Amador Valley (NC)	16:27.2
14	Dutta, Rahul	SR	Dublin (NC)	16:32.8

EBAL Honorable Mention

15	Murray, Tadhg	JR	De La Salle (NC)	16:33.2
16	Gan, Tristan	JR	Dublin (NC)	16:35.5
17	McLaughlin, Jacob	SR	Granada (NC)	16:38.0
18	Rajesh, Prithvij	SR	Amador Valley (NC)	16:39.7
19	Ding, Ethan	SR	Amador Valley (NC)	16:44.0
20	Hussain, Eshaan	JR	California (NC)	16:45.9
21	Benard, Elias	SR	Foothill - Pleasanton (NC)	16:46.1