

SPORT: Cross Country
YEAR: 2022-2023

Date Proposed	December 2, 2021
Date Approved	December 9, 2021
EBAL Preseason Meeting	TBD
Earliest Date for Practice	August 8, 2022
Total # of Contests	14 + 2 Scrimmages
League Champions	Determined by EBAL championship meet points
Final date of league play	11/12/2022
NCS Entries due	11/13/2022
NCS Championship Meet	11/19/2022
CIF State Championships	11/26/2022



NO EBAL SCHEDULED DUAL MEETS

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