

**EAST BAY ATHLETIC LEAGUE  
2024 CHAMPIONSHIP BULLETIN**

**SPORT:**     Cross Country

This form must be completed three months prior to the event. The principals must approve all championship bulletins. **Once the bulletin is approved, there can be no changes unless the principals vote to change it. HOST SCHOOL ADMINISTRATION – PLEASE CHECK TO SEE THAT THE PROPOSED DATES DO NOT CONFLICT WITH TEST DATES.**

**DATE APPROVED** \_\_\_\_\_

**Commissioner's initials** \_\_\_\_\_

**HOST SCHOOL:** De La Salle

**MEET DIRECTOR:** John Pelster

Home Phone: (925) 691-4841

Cell Phone: (925) 395-6887

**LOCATION:** Newhall Park, Concord

**DATE:** November 9th

**TIME:** First race at 10:00 AM. Full Schedule:

- |                             |          |
|-----------------------------|----------|
| ● Frosh/Soph Girls Race     | 10:00 AM |
| ● Frosh/Soph Boys Race      | 10:30 AM |
| ● Junior Varsity Girls Race | 10:55 AM |
| ● Junior Varsity Boys Race  | 11:25 AM |
| ● Varsity Girls Race        | 11:50 AM |
| ● Varsity Boys Race         | 12:20 PM |

Awards follow the conclusion of all races

**ADMISSION:** N/A

**ANTICIPATED EXPENSES:**

- |   |                |
|---|----------------|
| ● Input coordinator/computer operator approx. | \$1500*        |
| ● Athletic Trainer for EBAL Champs (3 max)    | \$150 (per)    |
| ● Milesplit                                   | \$0            |
| ● Meet Director                               | \$100          |
| ● Starter                                     | \$150          |
| ● Meet Referee                                | \$150          |
| ● Portable bathrooms (if needed) approx.      | \$2000         |
| ● Misc. supplies                              | \$50           |
| ● City or Park                                | approx. \$1000 |

## **SCHOOL RESPONSIBILITIES:**

- Meet director: John Pelster
- Athletic Trainer: DLS/CHS
- Course marking and setup: DLS/CHS
- Race announcer: Dublin
- Lead/Trail bikes: Dougherty Valley
- Course monitor coordinator: Amador Valley
- Awards coordinator: Monte Vista
- Gate coordinator: N/A
- Results: Diablo Timing
- Clean-up coordinator: ALL

ALL SCHOOLS (except host school) TO PROVIDE PARENTS AS COURSE MONITORS -  
Monitor positions and assignments to be sent later. (Include monitors for finishing chute.)

**GAMES COMMITTEE/JURY OF APPEALS - All head coaches**

**RULES: EBAL, NCS, AND CIF RULES AND BYLAWS**