

SPORT: FLAG FOOTBALL

YEAR: 2025-2026



Date Proposed	November 12, 2024
Date Approved	
EBAL Preseason Meeting on ZOOM	
Earliest Date for Practice	August 11, 2025
Earliest Date for Game	August 11, 2025
Total # of Contests	24 + 2
NCS Deadline to Determine	November 6, 2025
NCS Championships	November 11 & 13, 2025

JV GAME TIME 6:30 VARSITY GAME TIME 7:30pm

Date: 9/2/2025

AMADOR VALLEY @	SAN RAMON
MONTE VISTA @	CALIFORNIA
LIVERMORE @	DUBLIN
GRANADA @	DOUGHERTY
FOOTHILL @	BYE

Date: 9/23/2025

MONTE VISTA @	LIVERMORE
GRANADA @	AMADOR VALLEY
FOOTHILL @	DOUGHERTY
CALIFORNIA @	SAN RAMON
DUBLIN @	BYE

Date: 10/14/2025

FOOTHILL @	MONTE VISTA
DOUGHERTY @	AMADOR VALLEY
DUBLIN @	GRANADA
LIVERMORE @	CALIFORNIA
SAN RAMON @	BYE

Date: 9/9/2025

AMADOR VALLEY @	LIVERMORE
GRANADA @	FOOTHILL
DOUGHERTY @	MONTE VISTA
SAN RAMON @	DUBLIN
CALIFORNIA @	BYE

Date: 9/30/2025

LIVERMORE @	SAN RAMON
AMADOR VALLEY @	MONTE VISTA
CALIFORNIA @	DOUGHERTY
DUBLIN @	FOOTHILL
GRANADA @	BYE

Date: 10/21/2025

MONTE VISTA @	DUBLIN
SAN RAMON @	GRANADA
CALIFORNIA @	FOOTHILL
DOUGHERTY @	LIVERMORE
AMADOR VALLEY @	BYE

Date: 9/16/2025

MONTE VISTA @	GRANADA
FOOTHILL @	SAN RAMON
CALIFORNIA @	AMADOR VALLEY
DOUGHERTY @	DUBLIN
LIVERMORE @	BYE

Date: 10/7/2025

FOOTHILL @	LIVERMORE
DUBLIN @	AMADOR VALLEY
GRANADA @	CALIFORNIA
SAN RAMON @	DOUGHERTY
MONTE VISTA @	BYE

Date: 10/28/2025

SAN RAMON @	MONTE VISTA
DUBLIN @	CALIFORNIA
AMADOR VALLEY @	FOOTHILL
LIVERMORE @	GRANADA
DOUGHERTY @	BYE

EBAL TOURNAMENT

11/1/25
SITE: TBD

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