

**SPORT: Track and Field**  
**YEAR: 2022-2023**

Date Proposed	April 29, 2022
Date Approved	
EBAL Preseason Meeting	TBD
Earliest Date for Practice	February 7, 2022
Total # of Contests	14 + 2 Scrimmages
League Championships	5/5/23 ( frosh soph ) 5/5/23 (varsity)
NCS Qualifiers Due	5/6/23
NCS Entries due	5/6/23
NCS Area Meet - Tri-Valley	5/13/23
NCS Meet of Champions	May 19 and 20
CIF State Championships	5/26 - 5/27



NO EBAL SCHEDULED DUAL MEETS

SRV to host EBAL championships

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