

SPORT: Track and Field
YEAR: 2023-2024



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|----------------------------|--------------------------------------|
| Date Proposed | May 23, 2023 |
| Date Approved | |
| EBAL Preseason Meeting | TBD |
| Earliest Date for Practice | February 5, 2024 |
| Total # of Contests | 14 + 2 Scrimmages |
| League Championships | 5/3/24 (Varsity) 5/4/24 (Frosh/Soph) |
| NCS Qualifiers Due | 5/4/24 |
| NCS Entries due | 5/4/24 |
| NCS Area Meet - Tri-Valley | 5/11/24 |
| NCS Meet of Champions | May 17 & 18 |
| CIF State Championships | May 24 & 25 |

NO EBAL SCHEDULED DUAL MEETS

Livermore to host EBAL championships

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