

**SPORT: Track and Field**  
**YEAR: 2024-2025**



Date Proposed	
Date Approved	
EBAL Preseason Meeting	TBD
Earliest Date for Practice	February 10, 2025
Total # of Contests	14 + 2 Scrimmages
League Championships	5/9/25 (Varsity) 5/10/25 (Frosh/Soph)
NCS Qualifiers Due	5/10/25
NCS Entries due	5/10/25
NCS Area Meet - Tri-Valley	5/17/25
NCS Meet of Champions	May 23 & 24
CIF State Championships	May 30 & 31

NO EBAL SCHEDULED DUAL MEETS

TBA host EBAL championships

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