

# SPORT: Wrestling

## YEAR: 2022-2023



Date Proposed	
Date Approved	
EBAL Preseason Meeting	October 24, 2022
Earliest Date for Practice	October 31, 2022
Total # of Contests	26 + 2 Scrimmages
Dual team competition	February 4, 2023
Deadline to determine qualifiers	February 11, 2023
Seeding Meeting	February 12, 2023
NCS Championships	February 17-18, 2023
CIF State Championships	February 23-25, 2023
Match Time	JV 6:00, Varsity 7pm

### Mountain Division

Date: 1/18/2023

Date: 1/25/2023

Dougherty Valley	@	San Ramon Valley
California	@	Monte Vista

San Ramon Valley	vs	California
Dougherty Valley	vs	Monte Vista
California	vs	Dougherty Valley
San Ramon Valley	vs	Monte Vista

Battle of the Axe @ Dougherty Valley

### Valley Division

Date: 1/5/2023

Date: 1/18/2023

Date: 1/25/2023

Amador	@	Dublin
Foothill	@	Granada
Livermore	@	Bye

Dublin	@	Livermore
Amador	@	Granada
Foothill	@	Bye

Foothill	@	Amador
Granada	@	Livermore
Dublin	@	Bye

Date: 1/12/2023

Date: 1/19/2023

Livermore	@	Amador
Dublin	@	Foothill
Granada	@	Bye

Granada	@	Dublin
Livermore	@	Foothill
Amador	@	Bye

- A. Mountain 1 vs Valley 1 to determine league champ
- B. Mountain 2 vs Valley 2 to determine 3rd place

DLS will be the auto duel team rep to NCS followed by winner of A