

SPORT: Wrestling

YEAR: 2024-2025



Date Proposed	February 1, 2024
Date Approved	March 7, 2024
EBAL Preseason Meeting	October 22, 2024
Earliest Date for Practice	November 5, 2024
Total # of Contests	26 + 2 Scrimmages
Dual team competition	
Deadline to determine qualifiers	February 15, 2025
Seeding Meeting	February 16, 2025
NCS Championships	February 21-22, 2025
CIF State Championships	February 27 - March 1
Match Time	JV 6:00pm, Varsity 7:00pm

Mountain Division

Date: 1/22/2025

Date: 1/29/2025

Dougherty Valley	@	San Ramon Valley
California	@	Monte Vista

San Ramon Valley	vs	California
Dougherty Valley	vs	Monte Vista
California	vs	Dougherty Valley
San Ramon Valley	vs	Monte Vista

Battle of the Axe @ California

Valley Division

Date: 1/8/2025

Date: 1/22/2025

Date: 1/29/2025

Dublin	@	Livermore
Amador	@	Granada
Bye	@	Foothill

Amador	@	Dublin
Foothill	@	Granada
Bye	@	Livermore

Foothill	@	Amador
Granada	@	Livermore
Dublin	@	Bye

Date: 1/15/2025

Date: 1/23/2025

Livermore	@	Amador
Dublin	@	Foothill
Bye	@	Granada

Granada	@	Dublin
Livermore	@	Foothill
Bye	@	Amador

- A. Mountain 1 vs Valley 1 to determine league champ
- B. Mountain 2 vs Valley 2 to determine 3rd place

DLS will be the auto duel team rep to NCS followed by winner of A